

Owen Armentrout

(336)-995-5603 | ojarmentrout@icloud.com | [Linkedin](#) | [Portfolio](#)

EDUCATION

University of North Carolina Wilmington — Wilmington, NC 2022 - 2026

Bachelor of Arts in Film Studies

- GPA: 3.576
- Relevant Coursework: Intermediate Film Production, Studies in World Cinema, Screenwriting I, Advanced Practicum in Cinematography, Senior Seminar In Film Production, Senior Seminar in Film Study, Intermediate Film Production in Documentary

WORK EXPERIENCE

UNCW Athletics Student Media Manager — UNCW January, 2025 – May 2026

Wilmington, NC

- Worked part time creating and posting content for UNCW Athletics - mainly video content

Ocean Rescue — *Wrightsville Beach Fire Department Ocean Rescue* May, 2024 – Present

Wrightsville Beach, NC

- Worked full time as a beach lifeguard and ocean rescue member

FILM FREELANCE EXPERIENCE

Production Assistant — “Own your Own” - Wallaby Film production company October, 2023

Burgaw, NC

- Collaborated with the Director of Photography and crew to ensure smooth shooting schedules
- Deconstructed film equipment post production to ensure seamless production schedules

Co-Director, Commercial — *The Crazy Mason* September - October 2023

Wilmington, NC

- Co-directed, filmed and edited a commercial for “The Crazy Mason,” a gourmet ice cream store
- Film posted on the companies social media accounts

Television Film Project — *Campus Cop* February – May, 2023

Wilmington, NC

- Student extra and helped camera operations
- Campus Cop was selected for distribution on Amazon Prime

PROJECTS

48 Hour Halloween Film Challenge — *Confined Between The Lines* October – November 2024

- Served as the lead actor, co-director, and co-writer, contributing significantly to the project's creative development and execution

UNCW Swim Hype Video — *UNCW Swimmer at the Beach Hype Video* February 2025

- Directed, produced and edited for UNCW Swim and Dive social media
- Reposted by Arena Swimwear USA

ACCOLADES

ETHOS film festival runner up for “Best PSA” Oct 9, 2023

- Screened during a 7 day film festival in Santa Monica, CA
- Recognition for “Drug Prevention Short Film” (\$500 Prize)

Ottawa Film Award winner of "Best Woman Empowerment" July, 2026

- Screened during a two day online film festival

SKILLS

Online: Adobe Premiere Pro, Adobe Illustrator, Adobe Lightroom, DaVinci Resolve, OneDrive, WriterDuet, Google Sheets, Google Docs, Google Powerpoint, Wix

Tools: C-Stand, ARRI Lights, Sekonic Studio Deluxe 3, H6 Field Recorder, Boom Microphone, RODE Video Microphone, Sony HXR-NX100 Camera, Canon R6 & R7 Camera, BlackMagic Pocket 4k Camera, Manfrotto Tripod

Creative: Storyboarding, Scriptwriting, Camera Operation, Editing, Acting